



Earn an Injuries and Special Populations Certificate of Advanced Training

- 1) Purchase and complete 30 continuing education credits from the following home study programs:
 - a) Exercise for Knee and Hip Replacement, 8 credits, course #984, \$129
 - b) The BEST Exercise for Osteoporosis, Course, 8 credits #995, \$129
 - c) MMS The Pain Free Runner, 7 credits, course #948, \$99
 - d) Prenatal and Postpartum Exercise Design, 6 credits, course #923, \$99
 - e) Exercise and Arthritis, 6 credits, course #991, \$89
 - f) Exercise & Fibromyalgia, 5 credits, course #917, \$85
 - g) Exercise & Heart Disease, 5 credits, course #992, \$95
 - h) Breast Cancer Recovery Exercise Program, 4 credits, #971, \$89
 - i) Exercise & Diabetes, 4 credits, #994, \$79
 - j) The Overweight Client, 4 credits, #9120, \$69
 - k) Shoulder Girdle Stabilization, 4 credits, #9123, \$99
 - l) Exercise & Injury Rehabilitation, 2 credits, #930, \$35
- 2) Provide proof of completion to NETA

To get your Injuries and Special Populations Certificate:

- Fill out this form completely
- Submit copies of a minimum of 30 CEC credits from the courses listed above

Name:	Customer #:	Phone #:
Street Address:		
City:	State:	Zip:

Course #	Completion Date	# of CEC's Awarded

Send to NETA (choose one of the following):

- Mail to NETA 5955 Golden Valley Road, Suite 240 Minneapolis, MN 55422.
- Fax to: 763-545-2524.

Your Injuries and Special Populations Certificate will be mailed to you. Please allow 2-4 weeks for processing.

THANK YOU!